

# YOU DON'T HAVE TO WAIT IN LINE!











Go to [MyBenefitsCalWIN.Org](https://MyBenefitsCalWIN.Org)  
to create an account! You can:

- Apply online\* and view your benefits information
- Upload documents electronically to your case; they'll be available to your worker right away!
- Complete SAR7 reporting and CalFresh Recertification forms
- Sign up for text and email alerts

Download the [MyBenefits CalWIN Mobile App](#) to your smart phone or tablet to access many of these services and more!

\*Cash aid for families with children; food and medical assistance. Applications for General Assistance (cash aid for single adults or families with no children) are only accepted in person.

## WAYS TO APPLY FOR BENEFITS

	In Person	Online	Mail	Fax	Phone
<b>CalWORKs</b> (cash aid for families with children)					
<b>CalFresh</b> (Food assistance)					
<b>Medi-Cal</b> (Medical assistance)					
<b>General Assistance</b> (cash aid for single adults or families with no children)					

To apply online: go to [MyBenefitsCalWIN.Org](https://MyBenefitsCalWIN.Org)  
To apply via phone: call (916) 874-3100  
(209) 744-0499 (Galt)  
(916) 874-2599 TTY/TDD

Scan for  
iOS



Scan for  
Android

